



## Lifestyle Prevention Referral

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Participant Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Lifestyle Coach: \_\_\_\_\_

**Participant is 18 years of age or older and scored 9 or above on the CDC's "Could you have Prediabetes" quiz. Their risk is high for prediabetes.**

Due to your risk for prediabetes it is recommended that you follow up with your provider.

**Please contact Tabi with any questions:**

**Tabi Prochazka, NDPP-NP Lifestyle Coordinator at 308-487-3600 ext 107**

Follow up is recommended and not necessary to participate in NDPP classes.